Recreation Programs

Registration for all Summer activities will open May 1st at 8:00 am 2024. All registration is done online under our "Registration" tab.

All activities are first come first served.

• When looking to register, all registration is done online under our "Registration" tab (Directly below the "Recreation Programs" tab).

Swim Team:

- Corrales Swim team is a part of the Metro Aquatic League and competes against pools across the city. Swimmers will develop and master basic skills of competitive swimming and a city championship will be held at the end of the summer.
- One-time entry fee of \$70.00 per swimmer. Swimmers are <u>expected</u> to know how to swim the full 25-yard length of the pool by the first day.
- There will be a Swim Clinic- a practice meet for the kids to experience what the future meets will be like. (Date TBD).
- Practice is held Monday-Friday with meets being optional on Saturdays.
- 11–14-year-olds practice 6:45-7:45 am, 9- 10-year-olds practice 7:45-8:30 am, and the 8 and under practice 8:30-9:00 am.
- The first day of practice will be on June 3rd and the first swim meet will be on June 15th. The District Meet will be on July 27th, and the swimmers who qualify will compete in the City Meet on August 3rd. Monday, July 29th will be a potluck to celebrate the kid's hard work and friendships made. The last day of practice will be August 2nd.
- Each day of practice will represent a point of focus on technique to help develop better skills for swimming. (Ex. Meat grinder Monday (dryland and swimming), Technique Tuesday, etc.)

Swim Lessons:

- Swim lessons are \$50.00 per kid, are Monday-Friday, and last for two weeks. Lessons are designed for ages 3 years and up.
- During swim lessons, parents and spectators may watch from the pool deck and grassy areas. All non-swim lesson patrons must stay out of the water.
- The first session is offered June 3rd-14th. The second session is offered June 17th-28th. The third session is offered July 1st-12th. The final session is offered July 15th- July 26th.
 - Time slots offered for each session are 9:00-9:30 am, 9:45-10:15 am, 10:30-11:00 am, and 11:15-11:45 am. (Levels 1,2,3 are offered during all time slots except 9:45-

10:15 am. Levels 1,2,4 will be offered during the 9:45-10:15 am time slot.

- Level 1 has availability for 5 swimmers, level 2 has availability for 5 swimmers, level 3 has availability for 7 swimmers, and level 4 has availability for 10 swimmers.
- Level 1: Intro-level swimming primarily focuses on learning to be comfortable in the water, develop a positive attitude, good swimming habits, and safe practices.
- Level 2: Builds on level 1 and includes fundamentals for freestyle, breaststroke, and backstroke. Practices holding breath underwater (finding dive toys), kicking with a kickboard, floating, and learning the arm strokes.
- Level 3: Builds on level 2 and includes learning how to swim longer distances in deeper water, and developing the technique, and breathing skills for freestyle, breaststroke, and backstroke.
- Level 4: Builds on level 3 and includes swimming the full 25 yards of the pool in freestyle, breaststroke, and backstroke. Butterfly will be taught and practiced using the 25 yards. Diving skills are obtained and practiced as well.
- To see more details about swim lessons, visit the attached PDF at the bottom of the page.

Pool Parties:

Please see below for information on the 2024 pool parties:

- Pool parties will be offered Friday's, Saturday's, and Sunday's from 6:00pm-8:00pm.
- \$250.00 for up to 75 people and an additional \$50 for every 25 people after.
- Pool parties will only be refunded due to bad weather.
- Food and beverages are allowed however, no glass containers or alcohol is allowed. Smoking is not permitted in the pool area.
- Pool party rules are the same as open swim.
- The <u>dates available for parties will begin on May 31st and the last available will be on August 4th.</u> Pool parties sell fast, so be sure to log on and have a few dates in mind. You can create an Active account beforehand to make the process faster. Again, <u>the only days included within the stated dates are Friday's</u>, <u>Saturday's</u>, and <u>Sunday's</u>. (Two dates have been excluded. June 29th and August 3rd will not be available when booking)!

Corrales Youth Basketball: (Winter Sport)

- Registration for the 2024-2025 season will open in mid-September and close around Mid-Late October.
- More information will be posted closer to the start of the season. and up.
- During swim lessons, parents and spectators may watch from the pool deck and grassy areas. All non-swim lesson patrons must stay out of the water.
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Supporting Documents

Swim Lesson Guid 69.08 KB